

Polka dot day

October 29, 2020 - **THE WORLD DAY OF PSORIASIS**

Join us and support patients suffering from psoriasis by wearing it on this day we take clothes or accessories with polka dots.

NOBODY SHOULD BE LEFT ALONE WITH HIS PROBLEMS AND WORRIES.

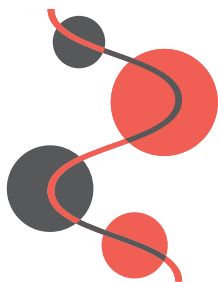
PSORIASIS OR PUPPY...

- is an autoimmune disease (the immune system turns against own organism and thus destroys the body's own cells, because it is not able to correctly identify harmful intruders);
- is a chronic inflammatory disease of the whole organism with visible manifestations on the skin.
- This disease is NOT infectious.
- In addition to the skin, it also affects the nails and joints (psoriatic arthritis, sometimes also psoriatic disease).
- It most often first appears between the ages of 15 and 35, but can manifest at any age.
- Psoriasis can be treated, but it can't be fully cured.
- It affects 125 million people worldwide (approximately 200,000 in the Czech Republic).

Would you like to know more about psoriasis and Puntík (Polka a dot)Day?

Visit our website:

psoriaza.sestravakci.eu or spae-cr.webnode.cz
facebook.com/puntikovyden



Polka dot day

LET'S PUT ON POLKA DOTS CLOTHES
AND GET RID OF PEOPLE'S PREJUDICES

NO ONE WITH PSORIASIS OR PSORIATIC ARTHRITIS
SHOULD BE LEFT ALONE WITH THEIR WORRIES.

That's why we decided to hold a **POLKA DOT DAY** on the occasion of World Psoriasis Day, which this year falls on **THURSDAY, OCTOBER 29, 2020.**

We will be very happy if you join us and together we will support psoriasis patients by wearing clothes or accessories with polka dots on this day. This will let our surroundings know that we have known with the basic facts about psoriasis and that we are not indifferent to these people.

The aim of this event is to inform the public about the nature of this chronic inflammatory autoimmune disease of the whole organism and the symptoms which are visible on the skin, but in addition to it also affects the nails and joints (psoriatic disease). **It is very important that the public knows that psoriasis is NOT INFECTIOUS, it can be treated, but so far it cannot be cleared up completely.**

Yours „sister in action,„ **GÁBINA DOLEŽELOVÁ**
Association Revenium, club SPAE Vysočina